

Ann Arbor Pioneer High School Crew

CODE OF CONDUCT

EXPECTATIONS

Athletic participation is a privilege. Rowers represent their family, their club, their school, and their community and are expected to conduct themselves in a manner that makes a favorable impression. All rowers are expected to exhibit proper conduct at practice, on busses, and in restaurants and other public places. Rowers must be respectful of other guests in hotels as well as of members of other clubs in and around the boathouse or regatta site. When a student chooses to participate, he/she voluntarily elects a course of self-discipline that is part of team membership. The school or team can revoke, or restrict, the privilege of the participant if the student fails to live up to the expectations and standards outlined below.

- I will demonstrate good sportsmanship at all times. I understand that respect for other participants, coaches, officials, other teams, chaperones and spectators is essential for amateur competition and fair play. Profanity or vulgar gestures will never be tolerated. An athlete who commits a flagrant act of poor sportsmanship may be suspended from the squad.
- I agree to attend and take part in all scheduled practices and activities and observe all rules of water and boat safety at all times. If I cannot attend a practice or activity, I will advise my coach.
- I agree to accept and carry out the instructions of my coaches, regatta staff, officials and chaperones.
- I understand that the possession, acquisition or consumption of alcohol or controlled substances, or the possession of weapons are prohibited, and could prevent the entire team from participating in a race or regatta.
- I understand that personal displays of affection are not appropriate at any team practice, competition or other event and will not be tolerated. Overt displays of affection, including hugging, kissing, sitting on laps, holding hands or cuddling under blankets or in sleeping bags, are not acceptable behaviors at practice, on busses, or at any time in hotels or at regatta sites. Rowers whose behavior is repeatedly observed by coaches or adult chaperones to be inconsistent with these policies will be sent home at their own expense.
- I will be respectful of other people's possessions and property and will refrain from activities that could cause damage to either. I understand that I am financially responsible for any damage that I may cause when disobeying the rules. Respect for all individuals regardless of ethnic or cultural background, gender, sexual orientation, socio-economic status, etc. Respect for personal property.
- I will travel and stay with the group at all times. I will remain quietly in my own room at the designated team bedtime. Seat belts must be worn when traveling by car/van. Athletes are to be restricted to their assigned room. Team curfew is 11 PM. You may not leave the hotel/motel without the expressed permission of a coach or chaperone. Free time should be spent in-groups of three or more. At no time will members of the opposite sex be present in each other's hotel rooms. Lights out and quiet time must be respected. Coaches and chaperones are entitled to eight hours of sleep!
- I will first discuss any problems that may arise first with my coach. E-mail is preferred. All concerns should be in writing, giving dates, times, quotes, etc. Resolutions should be suggested by the parent/athlete.
- I understand that if a fight between two or more people occurs, all persons involved will be disciplined regardless of how the incident started.
- Rowers must dress with discretion and in keeping with the norms for athletic events. Beachwear and skimpy or provocative clothing are not acceptable at practice or regattas.

- I understand that failure to comply with any aspect of the code of conduct will jeopardize my future regatta participation and may result in disciplinary action, including suspension from practice and/or racing. I understand that if I do not abide by these rules, I will return home at my parents'/guardians' expense. I further understand that any individual's failure to abide by these rules can jeopardize the entire group's participation at regattas, practices and in the future.
- There is to be no hazing activity or initiations of any kind. If hazing occurs, the student perpetrators involved will be suspended indefinitely. If participation is widespread, the team may be suspended, the schedule canceled, and the coach disciplined. Allegations of hazing should be brought immediately to the attention of the Director of Athletics.
- The coaches, administrators and medical support staff make every reasonable effort to insure the physical safety of the athlete, however, parents and students must recognize that an element of risk is inherent in sports competition and that the possibility of injury, even disabling injury, or death, cannot be entirely eliminated from the program.
- Rowers are expected to maintain PHS grade point of 2.0 and attendance standards for participation in varsity sports. Failure to meet PHS eligibility requirements will be handled according to general PHS policy.
- I understand that my High School Athletic Code of Conduct is in effect and I am subject to all of the terms and conditions contained therein.

TRAVEL RULES

On the Bus

- Rowers are expected to clean up the bus upon arrival at the regatta site and upon returning to Pioneer High School.
- Rowers are requested to respect teammates who may wish to sleep or study. Excessive noise, as determined by the chaperones, will not be tolerated.
- Rowers are expected to comply with chaperones' requests and instructions. Arguing and/or ignoring a chaperone will not be tolerated. Chaperones are asked to obtain the names of non-compliant rowers on the bus and notify the coaches upon arrival. If a rower situation persists on the bus, the chaperone should call the coach on his/her cell phone for further information.

Arrival at the motel

- Rowers remain on the bus with a chaperone.
- A chaperone reminds the rowers of: 1) room check and lights out time, 2) rules for behavior, 3) wake up and departure time, 4) where to leave keys upon check-out.
- Lead Chaperone obtains the room keys from the motel management, and returns to the bus(s)- room assignments are called out, keys are distributed, and each rower group proceeds into the motel in an orderly fashion to avoid a rush, and disruption for the motel.

At the Motel

- Rowers are expected to remain in their rooms after "lights out" time, and will be subject to disciplinary action, including being asked to return home with their parents if they do not.

- Rowers are expected to be quiet and respectful of their fellow rowers and other patrons at all times.
- Curfew time and “lights out” are determined by the coaches and enforced by parent chaperones.
- Male and female rowers are not permitted to socialize in each other’s rooms at any time.
- Rowers are not permitted to switch rooms once room assignments have been provided to the chaperones.
- No rower is permitted to leave the designated area without prior permission, and only when accompanied by another rower.

Penalties (applied to any of the above infractions)

First Violation: The student/athlete will not be allowed to participate in athletics for a minimum of the next two consecutive athletic events. The athlete will still be allowed to practice with the team with the coaches approval.

Second Violation: The student/athlete will be dismissed from the team and will be excluded form all athletic participation for the remainder of that season.

Third Violation: The student/athlete will be dismissed from the team and excluded from all athletic participation for the remainder of the current school year.

Coaches may also discipline rowers for other actions detrimental to the clubs that are not explicitly included above. Examples might include: profanity towards the coach, public actions or comments detrimental to the club, disruptive behavior at practices, or criminal activity not directly connected to rowing.

Non-negotiable items

- No possession or use of alcohol, marijuana, or illegal drugs.
- No abuse of legal or prescription drugs.
- No sexual intimacy or sexual harassment
- No possession of weapons.

*Any violation of one of these items, meaning behavior that is disruptive to the team, or behavior that threatens the safety of self or others, will result in the offending athlete(s) being sent home immediately, at the parents’ expense. In signing this form, the parents agree to cover all expenses related to sending their athlete home.